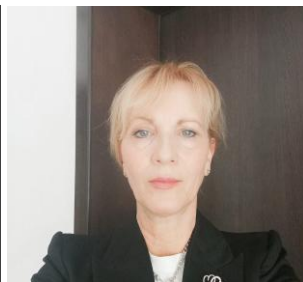


EUROPEAN CURRICULUM VITAE FORMAT



PERSONAL INFORMATION

Name

[SURNAME, other name(s)] **MACRI AURELIA CRISTINA**

Address

[House number, street name, postcode, city, country] **ROMANIA PITESTI
FAGET NR 20**

Telephone

0722616009

Fax

E-mail

aurelia.macri@upb.ro

Nationality

Romanian

Date of birth

[Day, month, year] **3. 03. 1972**

WORK EXPERIENCE

- Dates (from – to)
- Name and address of employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

[Add separate entries for each relevant post occupied, starting with the most recent.]

PITESTI UNIVERSITY- TARGUL DIN VALE NR. 1

EDUCATION

LECTURER – SPECIALITY ATHLETICS

EDUCATION AND TRAINING

- Dates (from – to)
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded
- Level in national classification (if appropriate)

[Add separate entries for each relevant course you have completed, starting with the most recent.]

DOCTORAL STUDIES- FINAL STAGIUM –I.N.E.F.S. CHISINAU A.N.E.F.S. BUCHAREST
1994

THEORY AND METHODS OF PHISIQUE EDUCATION; THEORY AND METHODS FOR THE
DEVELOPMENT OF MOTOR APTITUDES; THEORY OF SPORT TRAINING (ATHLETICS)

SPORT TEACHER; ATHLETICS COACH

PERSONAL SKILLS AND COMPETENCES

*Acquired in the course of life and career
but not necessarily covered by formal
certificates and diplomas.*

MOTHER TONGUE

[Specify mother tongue]ROMANIAN

OTHER LANGUAGES

[Specify language]ENGLISH

- Reading skills
- Writing skills
- Verbal skills

[Indicate level: excellent, good, basic.]GOOD

[Indicate level: excellent, good, basic.]GOOD

[Indicate level: excellent, good, basic.]GOOD

SOCIAL SKILLS AND COMPETENCES

*Living and working with other people, in
multicultural environments, in positions
where communication is important and
situations where teamwork is essential
(for example culture and sports), etc.*

[Describe these competences and indicate where they were acquired.] SOCIABILITY SOCIAL
INTEGRATION, COMUNICATION, EMULATION

ORGANISATIONAL SKILLS AND COMPETENCES

*Coordination and administration of
people, projects and budgets; at work, in
voluntary work (for example culture and
sports) and at home, etc.*

[Describe these competences and indicate where they were acquired.]COORDINATING
CAPACITIES, STRENGTH

TECHNICAL SKILLS AND COMPETENCES

*With computers, specific kinds of
equipment, machinery, etc.*

[Describe these competences and indicate where they were acquired.]P.C. EXPERIENCE,
OFFICE, -XCEL

ARTISTIC SKILLS AND COMPETENCES

Music, writing, design, etc.

[Describe these competences and indicate where they were acquired.]WRITING, HOME
DESIGN.

OTHER SKILLS AND COMPETENCES

Competences not mentioned above.

[Describe these competences and indicate where they were acquired.]COACH ATHLETICS
AND BASCHET, REFEREE –JUDGE IN ATHLETICS COMPETITION

DRIVING LICENCE(S)

B –CATEGORY

ADDITIONAL INFORMATION

[Include here any other information that may be relevant, for example contact persons,
references, etc.]

ANNEXES

[List any attached annexes.]

Raport activitate de cercetare

Conf. Univ. Dr. Macri Aurelia-Cristina

Instituția: Universitatea de Știință și Tehnologie Politehnica București

TEZA DE DOCTORAT METODOLOGIA DEZVOLTĂRII CALITĂȚILOR DE FORȚA-VITEZĂ LA SPRINTERI JUNIORI (16-17 ANI), CHISINAU 2005

B. Cărți și capitole în cărți publicate în perioada 2008 - 2023

B2. Cărți și capitole în cărți de specialitate naționale ca autor (cu ISBN intern)

1. prim autor Mihailescu Liliana, Macri Aurelia-Cristina & n colectiv de 8 autori,, *Paradigma educației fizice și sportului în centrele de reeducare a minorilor*, prim autor Mihailescu Liliana, Macri Aurelia-Cristina & n colectiv de 8 autori, Editura PIM Iasi ISBN 978-606-520-166-8, 2008, 250p., Editura PIM Iasi ISBN 978-606-520-166-8, 2008, 250p., 2008

2. prim autor Mihailescu Liliana, Macri Aurelia-Cristina în colectiv de 8 autori, *Activități motrice curriculare și extracurriculare*, prim autor Mihailescu Liliana, Macri Aurelia-Cristina în colectiv de 8 autori,, Editura PIM Iasi, 2010, 120p., 2008

3. MACRI AURELIA CRISTINA, *Activități motrice de loisir*, Editura Universitaria Craiova, ISBN-ul: 978-606-510-722-9, 2009, 263p., Editura Universitaria Craiova, ISBN-ul: 978-606-510-722-9, 2009, 263p., 2009

4. MACRI AURELIA CRISTINA, *Activități de timp liber*, Editura Universitaria Craiova, ISBN: 978 -606-510-439-6, 2009, 105p., Editura Universitaria Craiova, ISBN: 978 -606-510-439-6, 2009, 105p., 2009

5. Mihăilescu; N., Mihăilescu; A.C., Macri; M., Butnariu; L.E., Mihăilescu; I., Mihai; F., Cojanu, *Delincvența juvenilă și educația formală în centrele de reeducare pentru minori.*, Sesiunea Internațională Jubiliară de Comunicări Științifice - „Activitățile motrice dirijate” – Brasov, Martie, 2008, 2008

B5. Manuale didactice, suport de curs

Suport informational Teoria educației fizice și sportului, ed Akakia București, 2023

Suport curs teoria și practica atletismului ed Akakia București 2023

Suport curs Teoria sportului , ed Universității din Pitești, 2020

C. Lucrări (articole) ISI / BDI publicate în perioada 2008 - 2026

C1. Articole în reviste cotate ISI Thomson Reuters

1. Macri Aurelia, Amzar Luminita, Butnariu Mihaela, Enache Carmen, Enache Sebastian, Niculescu Ionela, Stancu Maura, Popescu Corina, Rada Larisa, Visan Paul, *Analysis of the body harmony indexes of the female students of the University of Pitești.*, 2018, Noiembrie: Analysis of the body harmony indexes of the female students of the University of Pitești, Macri Aurelia, Amzar Luminita, Butnariu Mihaela, Enache Carmen, Enache Sebastian, Niculescu Ionela, Stancu Maura, Popescu Corina, Rada Larisa, Visan Paul JOURNAL OF PHYSICAL EDUCATION AND SPORT (JPES) Vol. 18 Supplement Issue 5, November 2018 Teme: Educație fizică și sportivă, Sport școlar , 100%DOI: 10.7752/jpes.2018.s5304Nr autori: 10/10BDI: SCOPUS, CROSSREF, 2018, (TC_1_2018_DEFS)

2. BUTNARIU MIHAELA, AMZĂR LUMINITA, HRISTACHE DIANA, MACRI AURELIA, RADA LARISA, *CONCEPTUAL FRAMEWORKS ON ADAPTIVE SPORTS*, 11. CONCEPTUAL FRAMEWORKS ON ADAPTIVE SPORTS BUTNARIU MIHAELA¹, AMZĂR LUMINIȘA², HRISTACHE DIANA³, MACRI AURELIA⁴, RADA LARISA⁵ 1,2,3,4,5 University of Pitești, Department of Physical Education and Sport, Romania, .62 11th Annual International Conference: PHYSICAL EDUCATION SPORT & HEALTH, (PESH) 22nd- 23rd of November 2018, PITESTI, ROMANIA CONFERENCE PROCEEDINGS Vol. 22 (2018) ISSN:1453-1194

3 Predescu, Alina I.; Mihăilescu, Liliana N.; Georgescu, Luminița; **Macri, Aurelia C.**; Constantin, Alexandrina M.; Mihai, Ilie, A study on the key predictors of 100m sprint performance: identification and ranking, DOI 10.15561/26649837.2025.0208, WOS 001492186000008, <https://sportpedagogy.org.ua/index.php/ppcs/article/view/3047>, **Pedagogy of Physical Culture and Sports** 2664-9837 EISSN: 2664-9837 Factor de impact: 0.9 Categorie: Q4, Pedagogy of Physical Culture and Sports, VOL29, NR 2.

4 Stefanica, Valentina; **Macri, Aurelia Cristina**; Man, Cristina Maria; Vasile, Ana Maria; Mateescu, Adriana; Popescu, Corina; Cojanu, Florin; Hristache, Diana; Talpas, Petronela Maria; Tataru, Ana Maria; Mavritsakis, Nikolaos Integrated Physical Education for Mental Health: Enhancing Emotional Regulation, Self-Esteem, and Stress Resilience in Adolescents through Sports, Mindfulness, and Reflection WOS: 001591151300014 Editură: LUMEN PUBLISHING HOUSE Data publicării: 2025-01-01 Jurnal: REVISTA ROMANEASCA PENTRU EDUCATIE MULTIDIMENSIONALA (0.6 Q4)

C3. Articole în reviste și volumele unor manifestări științifice indexate în alte baze de date internaționale

1. Mihăilescu L., Mihăilescu N., Macri A.C., Butnariu M., Mihăilescu L, Mihai I, *Parametrii modelelor determinate la campionatul mondial de la Osaka 2007.*, Revista Citius Altius Fortius, Pitești, nr. 18 (1/2008), ISSN 1582 – 8131, P. 11- 15., 2008

2. Mihailescu N.L.; Mihailescu N.; Macri A.C.; Butnariu M.; Mihailescu L.E.; Mihai I.; Cojanu F.; Valcu B, *The role of the sport and physical education in the contemporary society from the globalization phenomenon view point.*, Congresul European de Știința Sportului – „Sport Science by the sea”, Technical University of Lisbon – Faculty of human Kinetics, 2008

3. Mihailescu N.L.; Mihailescu N.; Macri A.C.; Butnariu M.; Mihailescu L.E.; Mihai I.; Cojanu F.; Valcu B, *Arguments concerning the necessity of elaboration of some instructional strategies specific to the minors reeducation centers.*, Congresul European de Știința Sportului – „Sport Science by the sea”, Technical University of Lisbon – Faculty of human Kinetics, 2008, 2008

4. macri aurelia, *Motric activities and the new generation free time budget*, International Conference: Physical Education, Sport and Health Pitesti, 21st-23rd 2008 of November University of Pitesti, FEFS, ICPESH Proceedings., 2008

5. Macri Aurelia Cristina, Scripcenco Constantin, *The evaluation of the physical training specific to junior sprinters of second category (16-17 years.*, International Conference: Physical Education, Sport and Health Pitesti, 21st-23rd of November 2008 University of Pitesti, FEFS, ICPESH Proceedings., 2008

6. Macri Aurelia., *Remarks about the reaction time and acceleration in sprint events.*, International conference: Physical education, sport and health Pitesti, 20-22 nov 2009, Buletin stiintific seria educatie fizică și sport, nr 13, (1-2009), PARTEA A IIa, ISSN: 1453 – 1194, pg. 632-634, 2008

7. Macri Aurelia, *Training sessions spacing out so as to develop power on sprint runners*, Gimnazium, Journal of Physical education and sport, nr 1, anul x, 2009, p. 117, 2009

8. Macri Aurelia, *Activitățile motrice de loisir și rolul lor în dezvoltarea complexă a personalității tinerilor.*, Revista Citius Altius Fortius, Pitești, nr. 3-2009, ISSN 1582 – 8131, 2009

9. Macri Aurelia, *Action tehnology used during the fundamental phase of the technical instruction in the weight throw technique.*, International conference: Physical education, sport and health Pitesti, 20-22 nov 2009, Buletin stiintific seria educatie fizică și sport, nr 13, (1-2009), PARTEA A IIa, ISSN: 1453 – 1194, pg. 634-637., 2009

10. Macri Aurelia, *Rolul educatiei fizice in realizarea insertei sociale a adolescentului.*, Volumul II, Conferinta internationala Pitesti 2010, nov. 24-26, ICPSH, 2009

11. Macri Aurelia, *Ocupancy rate of leisure time budget of romanian young people*, Congresul Ecss, Antalya, Turcia, 23-26 iunie, 2010, 2010
12. Macri Aurelia, *Ways of improving strneght training in beginner sprinters.*, Congresul Ecss, Antalya, Turcia, 23-26 iunie, 2010, 2010
13. Macri Aurelia, *The optimization of gymnazium students fitness by extracurricular motric activities.*, Scientific report series physical education and sport , nr. 15 (1/2011), partea a IIa, ISSN: 1453-1194, p. 547, 2011
14. Macri Aurelia, *The dynamics of the corelation between sprint performance and the specific physical preparatin evaluation system.* Macri A.C., Scientific report series physical education and sport , nr. 15 (1/2011), partea a IIa, ISSN: 1453-1194, 2011
15. Macri Aurelia Cristina, *Contributions to the model of the capacity of independently practicing the motor activities by the pupils in high school, as means of self-education and training of the spare time users*, Scientific report series physical education and sport , nr. 16 (1/2012), partea a IIa, ISSN: 1453-1194, 2012, (TC_4_2012_DEFS)
16. Macri Aurelia Cristina, *The Effects of Plyometrics Training in Educating Explosive Force in 4th class Junior Handball Players*, Scientific report series physical education and sport , nr. 16 (1/2012), partea a IIa, ISSN: 1453-1194, 2012, (TC_2_2012_DEFS)
17. Macri Aurelia Cristina, *The importance of combining muscular contractions duty for strength training in the game of tennis, for 11-12 years olds* *Journal of physical activities*, Aurel Vlaicu University of Arad, nr. 2-2013, ISSN 2285-830X, ISSN-L 2285-830X, p. 9, 2013, (TC_2_2013_DEFS)
18. Macri Aurelia Cristina, *The optimization of physical training for school football pre-reprezentative teams.*, Proceedings of the 6th annual international conference Physical education, sport, and health, Pitesti, 22-23 nov 2013, vol 17, 1/2013), partea I, ISSN: 1453-1194, p. 145, 2013, (TC_1_2013_DEFS)
19. Macri Aurelia Cristina, *The analysis of the optimization methods of the specific preparation in sprint*, Proceedings of the 6th annual international conference Physical education, sport, and health, Pitesti, 22-23 nov 2013, vol 17, 1/2013), partea I, ISSN: 1453-1194, p. 145, 2013, (TC_2_2013_DEFS)
20. Macri Aurelia Cristina, . *Study concerning the efficiency of the training activity in the tematic links.*, Proceedings of the 6th annual international conference Physical education, sport, and health, Pitesti, 22-23 nov 2013, vol 17, 1/2013), partea I, ISSN: 1453-1194, p. 145, 2013, (TC_1_2013_DEFS)
21. Macri Aurelia Cristina, *Ways of the objective development of the personality students in the plan of social inclusion, to secondary school.*, Proceedings of the 7th annual international conference Physical education, sport, and health, Pitesti, 14-15 nov 2014, vol 18, 2/2014), partea a IIa, ISSN: 1453-1194, p.375, 2014, (TC_5_2014_DEFS)
22. Macri Aurelia Cristina, *Rolul exercițiilor pentru optimizarea componentelor psihomotricității, în dezvoltarea școlarului mic*, <http://www.sportsisocietate.ro> Sport and society Iasi int. J Ph Ed Sp2014 volume 14 Special ISSUe, 2014, (TC_5_2014_DEFS)
23. Macri A.C., Macri G., *Current Regards on the Role and Degree of Involvement of the Agents in Charge in the Manner of Occupation of the Spare Time of Students in the Primary Teaching .*, Proceedings of the 7th annual international conference Physical education, sport, and health, Pitesti, 14-15 nov 2014, vol 18, 2/2014), partea a IIa, ISSN: 1453-1194, p.372, 2014, (TC_1_2014_DEFS)
24. Macri Aurelia Cristina, MACRI GEORGIANOS, *Optimisation of Mobility by the Stretching Method at the Puberal Age*, Proceedings of the 7th annual international conference Physical education, sport, and health, Pitesti, 14-15 nov 2014, vol 18, 2/2014), partea a IIa, ISSN: 1453-1194, p.368,, 2014, (TC_5_2014_DEFS)
25. Macri Aurelia Cristina, *Importanta exercițiilor specific atletice pentru dezvoltarea forței în baschetul școlar.*, Gymnasium Journal, no. 1, Vol XV / 2014, http://www.gymnasium.ub.ro/images/stories/no_1_2014.pdf, 2014, (TC_1_2014_DEFS)
26. Macri Aurelia Cristina, *Personality tests and their role in assessing interpersonal relationships in school*, PROCEEDINGS Of The 8th Annual International Conference: Physical Education, Sport And Health, Pitesti, 19th-20th Of November 2015, Romania Series Publication Title: Scientific Report Physical Education And Sport Issn:1453-1194 Volume 19 (1/2015), P. 275, 2015, (TC_5_2015_DEFS)
27. Macri Aurelia Cristina, *The importance of working methodology for optimizing force in physical education class.*, Proceedings Of The 8th Annual International Conference: Physical

Education, Sport And Health,Pitesti, 19th-20th Of November 2015, Romania Series Publication Title:Scientific Report Physical Education And Sport Issn:1453-1194volume 19 (1/2015), P. 272, 2015, (TC_1_2015_DEFS)

28. Macri Aurelia Cristina, DIMA DANIELA, *The operationalization of the objective of educating the motor skills to middle school*, PROCEEDINGS of the 8th ANNUAL INTERNATIONAL CONFERENCE: PHYSICAL EDUCATION, SPORT AND HEALTH, PITESTI, 19th-20th of November 2015, ROMANIA SERIES PUBLICATION TITLE: SCIENTIFIC REPORT PHYSICAL EDUCATION AND SPORT ISSN:1453-1194 VOLUME 19 (1/2015), p. 280, 2015, (TC_1_2015_DEFS)

29. Macri Aurelia Cristina, CHITEA MIHAELA, *The Importance of the Differentiated Treatment Requirement in the Operationalization of the Physical Education Lesson Targets*, International Journal of New Technology and Research, Impact Factor 1.09, <https://www.ijntr.org/page/issues/vol/vol-2issue-1> (An ISO 9001:2008 Certified Online Journal, Volume 2 Issue 1, 2016, TC1, P. 13-16, 2016, (TC_1_2016_DEFS)

30. AMZAR LUMINITA, **MACRI AURELIA**, RADA LARISA, *Optimization of Force Explosive Parameters Through Athletic Means Specific to Performance Volleyball (Pre-competition Period)*, International Journal of New Technology and Research Impact Factor 1.09 (An ISO 9001:2008 Certified Online Journal), Volume 2 Issue 4, 2016, P. 27-32, 2016, (TC_5_2016_DEFS)

31. AURELIA MACRI, *Attractive ways of acquiring driving skills in the primary cycle*, ANNUAL INTERNATIONAL CONFERENCE pPHYSICAL EDUCATION, SPORT AND HEALTH, PITESTI 23-24 NOV. 2017, VOL 21 1/2017 PG 171-173, 2017, (TC_1_2017_DEFS)

32. AURELIA MACRI, ANDRONIE OLIMPIA, *CONTRIBUTING THE PHYSICAL EDUCATION TO REALIZING EDUCATION FOR HEALTH*, PROCEEDINGS OF THE 10TH ANNUAL INTERNATIONAL CONFERENCE pPHYSICAL EDUCATION, SPORT AND HEALTH, PITESTI 23-24 NOV. 2017 VOL 21 1/2017 PG169-171, 2017, (TC_4_2017_DEFS)

33. Aurelia Macri, *The role of the family in choosing leisure activities for young school children*, proceedings of the 10 th annual international conference Phitsical education, sport and health, pitesti, 23-24 nov. 2017, vol 21 1/2017 pg 165-169, 2017, (TC_1_2017_DEFS)

34. Macri Aurelia Cristina, Vasile Adriana, *PARTICULARITIES OF THE USE OF NON-SPECIFIC MEANS OF PHYSICAL EDUCATIONAND SPORTS AT YOUNG PEOPLE*, MACRI AURELIA CRISTINA¹ VASILE ADRIANA² University of Pitesti, Department of Physical Education and Sport, ROMANIA²Master of University of PitestiPublished online: November 30, 2018 (Accepted for publication November 20, 2018) DOI:10.7752/jpes.2018.s5303Art #304 pp. 2043 – 2047 , 2018, (TC_1_2018_DEFS)

35. Macri Aurelia Cristina, *Strategies for development of school psychomotricity*, 11th Annual International Conference: PHYSICAL EDUCATION SPORT & HEALTH, (PESH) 22nd- 23rd of November 2018, PITESTI, ROMANIACONFERENCE PROCEEDINGS Vol. 22 (2018) ISSN:1453-1194 www.sportconference.ro ART. 39/PG 170 , 2018, (TC_1_2018_DEFS)

36. MACRI AURELIA CRISTINA¹, SOVEJA BONDOC MIHAELA, *VALUING THE FREE TIME BUDGET OF GYMNASIUM CYCLE STUDENTS IN THE RURAL ENVIRONMENT*, 12 th Annual International conference Physical education sport and health, Pitesti, 2019, 2019, (TC_1_2019_DEFS)

37. MACRI AURELIA CRISTINA¹, TOMESCU ALINA, *SPORTS ACTIVITIES FOR PRIMARY SCHOOL STUDENTS IN CHILDREN'S CLUBS* MACRI AURELIA CRISTINA¹, TOMESCU ALINA², 12 ANNUAL INTERNATIONAL CONFERENCE PHYSICAL EDUCATION SPORT AND HEALTH, PITESTI 2019, 2019, (TC_4_2019_DEFS)

38. MACRI AURELIA CRISTINA¹, IVAN VOICU ELENA², *THE LINK BETWEEN PHYSICAL EDUCATION AND NEW EDUCATION*, 12 ANNUAL INTERNATIONAL CONFERENCE PHYSICAL EDUCATION SPORT AND HEALTH, 2019, (TC_1_2019_DEFS)

39. MACRI AURELIA CRISTINA, *Science, Movement and Health*, Vol. XXI, ISSUE 2 Supplement, 2021 September 2021, 21 (2): 341 - 344 Original article EVALUATION AND APPRECIATION OF STUDENTS IN THE COURSE OF PHYSICAL EDUCATION MACRI AURELIA CRISTINA, ANALELE UNIVERSITATII DIN CONSTANTA , SERIA EDUCATIE FIZICA SI SPORT, STIINTA MISCARE SI SANATATE, NR 2 SUPLIMENT XXI, STIINTA, MISCARE SI SANATATE IUNIE 2021, 2021, (TC_1_2021_DEFS)

40. MACRI AURELIA CRISTINA, *1. Assessments on the level of physical condition of boys at*

the age of puberty, 2. The role of the physical education teacher in achieving education for a healthy life,, ANNUAL INTERNATIONAL CONTEFERNCE PHYSICAL EDUCATION SPORT AND HEALTH,2-3 .06 . 2022 PITESTI , 2022, (TC_4_2022_DEFS)

41. MACRI AURELIA CRISTINA. THE ROLE OF PHYSICAL EDUCATION TEACHER IN ACHEAVING EDUCATION FOR A HEALTHY LIFE. Ovidius University Annals, Series Physical Education and Sport / SCIENCE, MOVEMENT AND HEALTHVol. XXIII, ISSUE 1, 2023, Romania The journal is indexed in: ERIH PLUS, Ebsco, SPORTDiscus, INDEX COPERNICUS JOURNAL MASTER LIST,DOAJ DIRECTORY OF OPEN ACCEJOURNALS, Caby, Gale Cengage Learning, Cabell's Directories Science, Movement and Health, Vol. XXIII, ISSUE 1, 2023 January 2023, 23 (1): 39-42 Teme: Sportul pentru toti. Fitness. Activitate fizica relationata cu starea de sanatate. Turism, loisir si activitati de timp liber, 100%Valoare: 1.00WOS: 123456789012345Nr autori: 1/1

42. CULEA RODICA-GEORGETA , SIMION GHEORGHE, MIHĂILĂ ION, **MACRI AURELIA**, DAMIAN MIRELAJournal **The "Bad Ragaz Ring Method" aquatic therapy for improving balance in football players aged 11-12 with ankle sprains**, Journal of Physical Education and Sport ® (JPES), Vol. 23 (issue 10), Art 308, pp. 2692 - 2698, October 2023 online ISSN: 2247 - 806X; p-ISSN: 2247 - 8051; ISSN - L = 2247 - 8051 © JPESPublished online: October 31, 2023 (Accepted for publication : October 15, 2023) DOI:10.7752/jpes.2023.10308 Teme: Sport școlar și universitar, Cercetări în sănătatea umana, 100%DOI:10.7752Nr autori: 1/5 BDI: SCOPUS, ERIH Plus, EBSCO Publishing, Inc., DOAJ, OAJI-Open Academic Journals Index

43. ADRIANA-DANIELA, MATEESCU; **AURELIA-CRISTINA, MACRI**; ELENA-LUMINITA, AMZAR; LARISA, RADA Enhancing Lower Body Strength Through Plyometric Training: a Twelve-Week Study on University Students , 10.29081/gsjesh.2025.26.2.4, <https://gymnasium.ub.ro/journal/article/view/739/909>, **Gymnasium (Bacău. Print)** 1453-0201, vol 26.

44. LARISA, RADA; ADRIANA-DANIELA, MATEESCU; ELENA-LUMINITA, AMZAR; **AURELIA-CRISTINA, MACRI** Exploring the Mechanisms and Strategies for Muscular Hypertrophy: Implications for Resistance Training and Performance Enhancement 10.29081/gsjesh.2025.26.1.12, <https://gymnasium.ub.ro/index.php/journal/article/view/732>, data publicării 11.03.2025, **Gymnasium (Bacău. Print)** 1453-0201, vol 26.

45. Daniela, Mateescu Adriana; **Cristina, Macri Aurelia**; Luminița, Amzăr Elena; Larisa, Rada Emergent leadership: a comprehensive analysis of stages and relevance in performance sports Daniela, **Titlu jurnal:** Journal of Physical Education and Sport **ISSN:** 2247-806X **Surse:** scopus, manual **DOI:** 10.7752/jpes.2024.05121 **Număr citări:** 4 Jurnal: Journal of Physical Education and Sport (Q3)

46. Niculina-Liliana Mihăilescu, Carmen Liliana Manole, Vladimir Potop, **Aurelia-Cristina Macri** The contribution of physical training to achieving high-performance choreographies in acrobatic dance at the age of 12-14 years Editură: Iuliu Hatieganu University of Medicine and Pharmacy Publishing Data publicării: 2025-06-24

Jurnal: Health, Sport and Rehabilitation Medicine () **DOI:** 10.26659/pm3.2025.26.1.9 **Health, Sport and Rehabilitation Medicine** 2668-2303 EISSN: 2668-5132

D. Lucrări (articole) publicate în perioada 2008 - 2023 în reviste și volume de conferințe cu referenți (neindexate)

D2. Articole în volumele manifestărilor științifice

1. Mihăilescu; N., Mihăilescu; A.C., Macri; M., Butnariu; L.E., Mihăilescu; I., Mihai;F., Cojanu, *Delincvența juvenilă și educația formală în centrele de reeducare pentru minori.*, Sesiunea Internațională Jubiliară de Comunicări Științifice - „Activitățile motrice dirijate” – Brasov, Martie, 2008, 2008

1. Contracte obținute în cadrul Planului Național de Cercetare Dezvoltare si Inovare (PNCDI, inclusiv Programul „Cercetare de Excelență”) si contracte cu diverse companii din țară

Nr. contract	Denumire	Titular contract	Anul desfasurarii	Valoare contract (RON)
Granturi de tip A, Nr. 1172.	Strategii educaționale privind instruirea și integrarea socială a minorilor din centrele de reeducare”,	. Șef proiect Prof.univ.dr. Mihăilescu Liliana F.E.F.S. Pitești, Universitatea din Pitești.	2007-2008	112.245 ron
Contract nr. 151/ 21. 03. 2007 din partea FEFS Pitești, nr. 88/23.03.2007 din partea C.S. U.C.M. Reșița	„Optimizarea antrenamentului de forță la handbaliștii de performanță în raport cu perioada de pregătire	Macri Aurelia Cristina	2007-2009	5000 euro
312/ 21.12.2006 din partea FEFS Pitești; 675/8.05.2007 din partea CSM Giurgiu	Studiu asupra posibilităților de optimizare a pregătirii atleților de înaltă performanță în condiții de club	Macri Aurelia Cristina	2006-2008	14.700 ron
Contract nr. 255/ 6.10.2006 din partea F.E.F.S. Pitești 285/1.02.2007 din partea federației Române de Atletism	Studii și cercetări privind determinarea parametrilor modelului performanțial la atletism	Mihailescu Nicolae	2006-2008	
Contract nr. 299/2006	Determinarea variabilelor organizării – abordare – în managementul cluburilor sportive departamental	Mihailescu Nicolae	2007-2008	16.100 ron
nr. 141/21.03.2008,	Determinarea parametrilor pregătirii fizice pe ramuri de sport.,	Mihailescu Nicolae	2007-2008	

MESP (ID: 320086482)	Evaluation Methods for the Strength- Speed Relationship Measurement and Motor Assessment in High- Performance Sports – A Study on the Implementation of Modern through Specific Tests	Valentina Stefanica Terti	21 martie 2008 - 15 iunie 2008	Valoare contract / Valoare cofinanțare (fără TVA) 80000 RON / 0 RON
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