

CONSENSUS EVALUATION REPORT

GENERAL OVERVIEW

Open Call Collection	OC-2025-1
Proposal Reference	OC-2025-1-29429
Proposal Title	<i>Integrative Recreational Physical Activities for Health, Inclusion, and Wellbeing Across the Lifespan</i>
Proposal Acronym	INTEGRAPA
Evaluation Status	Final

EVALUATION

SUMMARY TABLE

EXCELLENCE IN S&T AND NETWORKING	IMPACT	IMPLEMENTATION	Total mark (range 0-13)
Very Good (4)	Good (3)	Outstanding (3)	10

COMMENTS

Evaluation Criterion 1: EXCELLENCE IN S&T AND NETWORKING

The proposal addresses serious public health issues which affect all population groups across life span (i.e. including youth and elderly). The anticipated benefits of integrating physical activity and recreation in a holistic manner on mental health per se were reiterated in all evaluation reports. Building on an interdisciplinary perspective ensures that the intervention supports inclusion and promotes social equality through an innovative approach using digital technology.

The objectives are "well aligned" with the main challenge outlined in the proposal. The objectives appear over-ambitious, and the proposal should more convincingly demonstrate their achievability. Also, the objectives should be more specific and concrete and preferably formulated using the SMART method to provide the structure that turns them explicitly into actionable and measurable outcomes.

The proposed action builds on previously established networks and initiatives in Europe focused on physical activity. The proposal also reflects how co-creation of activities through cross-collaboration between key stakeholders from different sectors as health, education and digital technology would ensure inclusion. However, given the novelty of the approach, further elaboration on how technology will be integrated into physical activity would strengthen the methodology and thus enable reproducibility and replicability in the future.

The proposal demonstrates that establishing a pan-European network is the best approach to address the main challenge across multiple countries through capacity building and knowledge exchange. Adopting this approach should delineate the diversity, across countries, in cultural factors which influence behaviors promoting physical activity through cross-national comparisons.

The proposed network encompasses a wide range of expertise from key disciplines including sport, health, psychology and digital innovation. Additionally, the participation of this diverse mass of experts from more than one European country ensures cross-country comparisons and learning. However integrating civil society would be beneficial,

probably to ensure that diverse needs of different target groups in different contexts are clearly identified and subsequently addressed.

Mark: Very Good (4)

Evaluation Criterion 2: IMPACT

The proposal specifies the expected short, medium and long term impacts. It should include more detailed information on ensuring that the interventions are context specific and culturally appropriate. Additionally, the innovativeness of impacts related to open-access data sharing should be more emphasized.

The proposal identified a wide range of stakeholders. The plan could be more specific and address communication barriers across countries to maximize engagement between stakeholders from diverse backgrounds.

The proposal presents a holistic plan for communication through websites, social media, open-access publications, conferences to ensure all target audiences are reached. More details about how communication activities would address diversity in background and capacities of different groups of stakeholders or how the overall impacts of the action would be evaluated would strengthen this proposal.

Mark: Good (3)

Evaluation Criterion 3: IMPLEMENTATION

The overall structure and workplan of the proposed action are well-designed and the roles of the 5 working groups are clearly defined. The suggested timeframe for the activities is also realistic.

Mark: Outstanding (3)