

Curriculum vitae Europass



Informații personale

Nume / Prenume **Lavinia Constantin**
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Naționalitate **Română**
Data nașterii **09-07-1978**
Sex **feminin**

Locul de muncă vizat / Domeniul ocupational

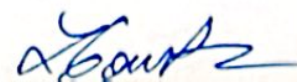
Experiența profesională

Perioada **2020 – până în prezent**
Funcția sau postul ocupat **Profesor Educație Fizică și Sport**
Activități și responsabilități principale **Servicii educationale**
Numele și adresa angajatorului **Școala Gimnazială „Mihai Eminescu”, Pitești, str. Tineretului nr.4**
Tipul activității sau sectorul de activitate **Învățământ preuniversitar**

Educație și formare

Perioada **2007 - 2010**
Calificarea / diploma obținută **Diplomă de absolvire**
Disciplinele principale studiate / competențe profesionale dobândite **Licenta – Educație fizică și Sport**
Numele și tipul instituției de învățământ / furnizorului de formare **Universitatea din Pitești, Facultatea de Educație Fizică și Sport**

Nivelul în clasificarea națională sau internațională
Perioada **2010 - 2012**
Calificarea / diploma obținută **Diplomă de absolvire**
Disciplinele principale studiate / competențe profesionale dobândite **Master în - Sport, Turism și activități de timp liber**
Numele și tipul instituției de învățământ / furnizorului de **Universitatea din Pitești, Facultatea de Educație Fizică și Sport**



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4. Constantin, L., (2022), The role of plyometric means in the physical training of the main shooter in the game of volleyball at the age 14 – 16, Proceedings of the International Scientific Conference "Actualities and Perspectives of Physical Education and Sport Sciences" 3 rd edition, April, 06, 2022, ISSN 2734-8512, p. 72-75.

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5. Amza, L., (2023), Interdisciplinary constitutive investigations regarding the approach of general physical training in the training of cadet volleyball players (14 – 16 ani), Ovidius University Annals, Series Physical Education and Sport, Science, Movement and Health, Vol. XXIII, ISSUE 2 Supplement, 2023 September 2023, 23 (2): p. 265-269.

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7. Amza, L., Simion G., Rada, L., (2024), Strength development through plyometrics in the training of junior volleyballists II (U16), International Scientific Conference "ACTUALITIES AND PERSPECTIVES OF PHYSICAL EDUCATION AND SPORT SCIENCES" 5th edition, 4 aprilie 2024, p. 31-37

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