

LISTA DE LUCRĂRI
a cadrului didactic *Lector univ.dr. Alecu Aurel*

A. Teza de doctorat

Titlu, PROGRAMAREA ȘI CONDUCEREA CONTROLATĂ A DINAMICII EFORTULUI ÎN ANRENAMENTUL KAIACIȘTIILOR DE PERFORMANCENTĂ, data susținerii 05 09 2009, sub conducerea prof. univ. dr. COLIBABA-EVULEȚ DUMITRU. Universitatea din Pitesti – Educatie Fizica si Sport anul 2009; TC2

B.2 Cărți și capitole în cărți de specialitate naționale ca autor (cu ISBN intern)

- 1.Alecu A., Dinamica efortului in antrenamentul de kaiac, Editura Pim Iași, ISBN 978-606-13-0793-7, 223 pagini, anul publicării 2012;TC2
- 2..Alecu A., Initiere-Didactica-Competitie in kaiac canoe, Editura Pim Iași, ISBN 978-606-13-0793-7, 223 pagini, anul publicării 2013;TC2

B.5 Manuale didactice, suport de curs (fără ISBN)

- 1.Alecu A., *Metodica antrenamentului pe ramura de sport kaiac-canoe*, Editura Universității din Pitești, uz intern, 110 pagini, anul publicării 2012.:TC2
- 2.AlecuA.,Pregatirea specializata intr-o ramura de sport kaiac canoe, Editura Universității din Pitești, uz intern, 78 pagini, anul publicării 2016.:TC2

B.6 Îndrumare de laborator, culegere de probleme (fără ISBN)

- 1.AlecuA.,Caietul antrenorului de kaiac canoe(practica antrenor) Pitești, uz intern, 100 pagini, anul publicării 2016.:TC2

C.3 Articole în reviste și volumele unor manifestări științifice indexate în alte baze de date internaționale

1. AlecuaA.,Dynamic aspects of the training effort of canoe kayak, The, Journal of Physical Education and Sport, (No. 1/2012), TC2
http://efsupit.ro/images/stories/nr%201%202012/vol%202012_1_%20art%2019.pdf
2. Alecua A., Dynamic efort kayak specific evidence and modeling them in the training/ The, Journal of Physical Education and Sport Department, (No. 2/Vol.4 /2012), journals indexed in RePEc international database. <http://ideas.repec.org/s/rom/marath.html>
3. Alecua A.,Fundamentals of resistance development in training for kayak canoe
5th Annual conference: Physical education sport and health, Pitești 2012 Scientific report Physical education and sport, ISSN: 1453-1194 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
4. Alecua A., Sociological inquiry with respect to the programming and management of controlled rates of efort in traning for performance kaiak athletes/
th Annual conference: Physical education sport and health, Pitești 2012Scientific report Physical education and sport, ISSN: 1453-1194 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
5. Alecua A.,Management of training in order to develop the motor skills in kayak, 6th Annual conference: Physical education sport and health, Pitești 2013 Scientific report Physical education and sport, ISSN: 1453-1194, pag.123 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
6. Alecua A.,The influence of the education of the force in building the paddling tehnique in kayak, 6th Annual conference: Physical education sport and health, Pitești 2013 Scientific report Physical education and sport, ISSN: 1453-1194, pag.120 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
7. Alecua A.,The contribution of water sports specific activities in the development of the quqlity of the school age children Physical education sport and health, Pitești 2013 Scientific report Physical education and sport, ISSN: 1453-1194, pag.116 ;TC2

- http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
8. Alecu A., The importance of using periodization units to develop the strength in kayak training, 7th Annual conference: Physical education sport and health, Pitești 2014 Scientific report Physical education and sport, ISSN: 1453-1194, pag.67 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
 9. Alecu A., Analysis of motor behaviour of athletes and training content of kayak canoe, 7th Annual conference: Physical education sport and health, Pitești 2014 Scientific report Physical education and sport, ISSN: 1453-1194, pag.72 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
 10. Alecu A., Supplesess and elasticity education in kayak training for junior, 7th Annual conference: Physical education sport and health, Pitești 2014 Scientific report Physical education and sport, ISSN: 1453-1194, pag.76 ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
 11. AlecuA., Sociological aspects concerning the programming effort in training intensity of kayak athlete, Physical education sport and health, Pitești 2015 Scientific report Physical education and sport, ISSN: 1453-1194, volume19(1/2015) ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
 12. AlecuA., Positive efects of using periodization blocks for developing endurance in the specific effort of the 1000m kaiac competition, Physical education sport and health, Pitești 2016 Scientific report Physical education and sport, ISSN: 1453-1194, pag.15, vol20(1/2016) ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4
 13. AlecuA., Periodization model of training for strength in canoeing, Physical education sport and health, Pitești 2016 Scientific report Physical education and sport, ISSN: 1453-1194, pag.18, vol20(1/2016) ;TC2
http://www.sportconference.ro/index.php?option=com_content&view=article&id=70&Itemid=4

D.2 Articole în volumele manifestărilor științifice

1. AlecuA., Kayak effort dynamics specific evidence and modeling them in the training process, The Bucharest Academy of Economic Studies/Physical Education and Sports Department/ The International Scientific Communication Session in the Motility to Performance ISSN2247-028X;editura ASE ;Bucuresti2012 ;TC2
2. AlecuA., Quality aspects of driving basic education kayak canoe/ The Bucharest Academy of Economic Studies/Physical Education and Sports Department/ The International Scientific Communication Session in the Motility to Performance ISSN2247-028X;editura ASE ;Bucuresti2013 ;TC2
3. AlecuA., Contributiond to increase the quality of life children of school age by practicing water sports specific activities/, University politehnica Bucuresti, The international Conference „The role of physical education and sport in improving quality life” ISSN 1844-3923,Bucuresti2015;TC2
4. AlecuA., Coordinative capacity development to junior cadets in order to improve the kaiac paddeling technique, / The Bucharest Academy of Economic Studies/Physical Education and Sports Department/ The International Scientific Communication Session in the Motility to Performance ISSN2247-028X;editura ASE ;Bucuresti2015 ;TC2

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Cadrul didactic Lect.univ.dr.Alecu Aurel Semnătura

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