

**LISTA DE LUCRĂRI**  
**a cadrului didactic lect.univ.dr. Rada Larisa**

**B. Cărți și capitole în cărți publicate în ultimii 5 ani**

***B.2 Cărți și capitole în cărți de specialitate naționale ca autor (cu ISBN intern)***

1. Niculescu Mugurel, Niculescu Ionela, Rada Larisa, *Fundamentele jocului de volei*, Editura Universitaria Craiova, Prouniversitaria Bucuresti, ISBN 978-606-14-0816-0, 978-606-26-0000-6, 217 pag, anul publicarii 2014.

***B.5 Manuale didactice, suport de curs (fără ISBN)***

1. Niculescu Mugurel, Rada Larisa, *Metodica disciplinelor de jocuri volei, suport de curs/ studii licenta EFS*, Editura Universitatii din Pitesti, 2011.
2. Rada Larisa, *Integrare socială prin activități specifice – suport de curs/ studii de master PS*, 2016.
3. Rada Larisa, *Metodica predării voleiului în școală – suport de curs / studii licență EFS*, 2016.

***B.6 Îndrumare de laborator, culegere de probleme (fără ISBN)***

1. Amzăr Luminița, Rada Larisa, *Volei – îndrumar practico-metodic / studii licenta EFS*, Editura Universitatii din Pitesti, 2015.

**C. Lucrări (articole) ISI / BDI publicate în ultimii 5 ani**

***C.3 Articole în reviste și volumele unor manifestări științifice indexate în alte baze de date internaționale***

1. Rada Larisa, *The role of phisycal activities in improving students health*, 5th Annual conference: Physical education sport and health, Pitești 2012. Scientific report Physical education and sport, ISSN: 1453-1194, pag 349-352.
2. Rada Larisa, Malousaris G., Ilinca N., Constantinescu L., *Optimization through preparation muscular contractions regimes alternate to junior I volleyball players* 5th Annual conference: Physical education sport and health, Pitești 2012. Scientific report Physical education and sport, ISSN: 1453-1194, pag 346-349.
3. Rada Larisa, *Contractions modes and their function in spring for volleyball players (13 – 14 years)*, 5th International Conference "Education Facing Contemporary World EDU WORLD 2012, Pitești, ISSN: 1844-6264, pag 213.
4. Niculescu Mugurel, Niculescu Ionela, Rada Larisa, *Typical and atypical in volleyball*, 6th Annual conference: Physical education sport and health, Pitești 2013. Scientific report Physical education and sport, ISSN: 1453-1194, pag. 139-145.
5. Rada Larisa, Niculescu Mugurel, Niculescu Ionela, *Optimization of learning process to female volleyball players - junior III*. 6th Annual conference: Physical education sport and health, Pitești 2013. Scientific report Physical education and sport, ISSN: 1453-1194, pag 288-292.
6. Niculescu Ionela, Niculescu Mugurel, Rada Larisa, *A research over the assessment of coaching*, 7th Annual conference: Physical education sport and health, Pitești 2014. Scientific report Physical education and sport, ISSN: 1453-1194, pag 458-461.
7. Rada Larisa, *Evaluating the management style of volleyball coaches*, 7th Annual conference: Physical education sport and health, Pitești 2014. Scientific report Physical education and sport, ISSN: 1453-1194, pag 552-554.
8. Rada Larisa, *A study regarding the cohesion of a high performance team*, 8th Annual conference: Physical education sport and health, Pitești 2015. Scientific report Physical education and sport, ISSN: 1453-1194, pag 552-554.

9. Rada Larisa, *Contributions to improve the efficiency of defensive actions in playing volleyball, junior I level*, 9th Annual conference: Physical education sport and health, Pitești 2016. Scientific report Physical education and sport, ISSN: 1453-1194.

10. Amzar Elena Luminita, Macri Aurelia, Rada Larisa, *Optimization of force explosive parameters through athletic means specific to performance volleyball (pre-competition period)* In IJNTR Journal Volume-II Issue-IV April 2016 Paper ID- IJNTR02040028 International Journal of New Technology and Research ISSN: 2454-4116.

**Data: .....**

**Cadrul didactic ....**  
**Semnătura**