

PHYSICAL AND SPORTS EDUCATION

DEGREE TYPE UPON GRADUATION

Bachelor's Degree

DURATION

3 years (6 semesters)

TEACHING LANGUAGE

Romanian

ECTS POINTS

180

PROGRAMME DESCRIPTION

The Physical and Sports Education study programme provides basic theoretical and practical training and primarily trains teachers for primary and secondary education and (following a master's programme) for high school education, on condition they have also simultaneously completed the studies of the psycho-pedagogical training module.

TUITION

EU citizens: 3500 RON (approx. € 700)

Non-EU citizens: € 2430

ENTRY REQUIREMENTS

Baccalaureate Diploma

REASONS TO CHOOSE THIS PROGRAMME

- Possibility to teach in primary and secondary education;
- Possibility to organise physical education and sports activities for people of different ages and levels of training with professional assistance;
- Flexibility of the programme.

CAREER OPPORTUNITIES

- education

- health
- culture
- management
- leisure

PROGRAMME DETAILS

I st YEAR					
I st SEMESTER			II nd SEMESTER		
Subjects	ECTS	Type of assessment	Subjects	ECTS	Type of assessment
Theory of Physical Education and Sport	5	E	Health Education and First Aid	5	E
Basic Gymnastics	5	E	General Basics of Athletics	5	E
Scientific Basics of Sports Games - Handball	5	E	Scientific Basics of Sports Games - Volleyball	5	E
Scientific Basics of Sports Games - Basketball	5	E	Methodology of Physical Education and Sport	5	E
Theory and Practice in Expressive Sports - Dancesport	4	C	Theory and Practice in Water Sports - Swimming	3	E
Theory and Practice in Winter Sports - Alpine Skiing	4	E	Functional Anatomy	3	E
Optional Subject	2	V	Practical Applications of Water Sports	2	V
			Optional Subject	2	V

* course credit points (ECTS) are not taken into account within the semester credit points (ECTS)

II nd YEAR					
I st SEMESTER			II nd SEMESTER		
Subjects	ECTS	Type of assessment	Subjects	ECTS	Type of assessment
Kinesiology	4	E	Scientific Basics of Sports Games - Football	5	E
Psychopedagogy	3	E	Theory and Practice in Other Sports - Tennis	4	E
Physiology	3	E	Theory and Practice of Athletics	4	E
Theory and Practice in Combat Sports - Judo	4	E	Methodology of Teaching Volleyball in Schools	4	E
Theory and Practice in Gymnastics - Acrobatic Gymnastics	4	E	Research Methods in Sport Science and Physical Education	4	C
Practice and Methodology of Motor Activities by Age Groups	5	E	Practical Training in Tourism Activities	2	V
Practical Applications of Winter Sports	2	V	Practical Training for the Preparation and Elaboration of the Degree Thesis	2	V
Optional Subject	2	V	Optional Subject	2	V
Optional Subject	3	C	Optional Subject	3	C

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III rd YEAR					
I st SEMESTER			II nd SEMESTER		
Subjects	ECTS	Type of assessment	Subjects	ECTS	Type of assessment
Motor and Somatic Functional Evaluation	5	E	Body Expression and Eurythmy	4	E
Methodology of Teaching Gymnastics in School	4	E	Theory and Practice in Gymnastics - Rhythmic Gymnastics	4	E
Methodology of Teaching Handball in School	4	E	Adapted Motor Activities	3	C
Methodology of Teaching Football in School	4	E	Motor Activities for Leisure Time, (Climbing, Mountaineering,	3	C

			Beach/ Indoor/Mini-Pitch Sports), Rafting, Diving, Extreme Sports, etc.)		
Motor Activities for Leisure Time (Body Building, Jogging, Sport Orientation)	4	C	Methodology of Teaching Basketball in Schools	4	E
Fitness	4	C	Methodology of Teaching Athletics in Schools	4	E
Practical Training in Schools	2	V	Chess	4	C
Optional Subject	3	C	Practical Training in Recreational Areas	2	V
			Optional Subject	2	C

* course credit points (ECTS) are not taken into account within the semester credit points (ECTS)

* V = test taken in the last two weeks of the semester (about 10% of the final grade)

* C = test taken in the last two weeks of the semester (about 30% of the final grade)

* E = exam taken during the exam period (at least 50% of the final grade)